

## Keys to Successful Reentry

- Have goals, both short-term and long-term
- Be patient
- Believe in your ability to be successful
- Don't be afraid of change
- Ask for and accept help
- Be a person of action
- Build positive relationships
- Challenge yourself everyday
- Do not be afraid to fail



This is a voluntary and person-centered service.  
No one is required to do anything they do not  
feel comfortable doing!



**Catholic Charities**  
*of Cortland County*

CARING FOR OUR COMMUNITY ONE PERSON AT A TIME

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[www.ccocc.org](http://www.ccocc.org)



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## Our Mission

Pathways Reentry Services is dedicated to helping people who have been or are currently incarcerated. Our mission is to eliminate systemic barriers that hinder successful reentry and help individuals transition into the community by providing essential tools, support and resources that lead to employment and healthy lifestyles. Safe and affordable housing, education and employment, transportation, health care, social and family networks, and recovery are often priorities for people during reentry.



## How Do We Begin?

- Referral forms are available on our website, [www.ccocc.org](http://www.ccocc.org), or call us to find out how to connect with Pathways staff. To join the program, you must be a resident of Cortland County when you are released.
- You will meet with Pathways staff as soon as a connection is made, either before release from jail or after.
- You will have an opportunity to complete an assessment to determine what you need now or will need after being released from jail.
- You and your case manager will work together to create an action plan to meet your needs and achieve your goals.



## What can You Expect?

- Personal support, guidance and assistance in planning and reaching your goals
- Connection to community services that help you meet your needs
- Encouragement and help applying for needed services, benefits, or jobs, and preparation for working with other service providers
- Assistance with housing searches, transportation, health needs and other challenges
- Planning for further education and employment



## Access to Services

Activating a network of services will help you reconnect or maintain family and community ties, and access available resources and supports that reduce the negative consequences of incarceration. For example, the organizations we work with provide:

- Legal Assistance
- Social Services
- Physical and Mental Health Care
- Housing Assistance
- Educational and Employment Services
- Substance Abuse Treatment
- Social, Recreational, and Faith Supports